

Dr. Myles Nagel



Certifications and Licenses:

Doctor of Chiropractic

Certified in Active Release Technique-Full body

Dr. Myles Nagel, DC

Dr. Myles Nagel is a board certified Chiropractor with certifications in Active Release Techniques (ART), Functional Range Release (FR), Selective Functional Movement Assessment (SFMA), and Dynamic Neuromuscular Stabilization (DNS). Dr. Nagel treats each patient with an individual and comprehensive approach focusing on improving biomechanics and functional movement patterns. Dr. Nagel uses chiropractic manipulation,

manual therapy, developmental kinesiology, and specific rehabilitation exercises in order to treat the patient, as well as give them the tools to keep their bodies healthy and functioning to its full capacity. Dr. Nagel values patient education and helping the patient understand the root cause of their condition and what measures need to be taken in order to help them resolve their problem and stay healthy for the long term in their specific sport, activity, or daily life.

tramadol

Carisoprodol

Modafinil

Dr. Nagel attended Indiana University where he graduated in 2014 with a Bachelor of Science in Kinesiology. He then went on to attend National University of Health Sciences in Lombard, IL, graduating with his Doctor of Chiropractic in 2018. While in chiropractic school, Dr. Nagel was a member of the Motion Palpation Club (MPI), Sports Rehab Club, and attended various seminars covering manipulation, soft tissue techniques, movement science, and rehabilitation. He obtained his Active Release Techniques Full Body certification in 2017.

Contact us to schedule an appointment with Dr. Nagel.

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