

# Shawn Mays

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## **Shawn Mays, Licensed Massage Therapist**

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Shawn Mays, is a Nationally Certified ☐ ☐Licensed ☐ ☐Massage Therapist through ☐ ☐NCBTMB (National Certification Board for Therapeutic Massage and Bodywork). ☐ Shawn's ☐ ☐massage ☐ expertise integrates several ☐ ☐modalities ☐ ☐which include ☐ Sports ☐ ☐Ma☐ssage, ☐ ☐Orthopedic Massage, ☐ ☐Pregnancy Massage, Deep Tissue Massage, Trigger Point Therapy, ☐ ☐Myofascia☐l☐ Release, ☐ ☐and ☐ ☐Injury ☐ ☐Rehabilitation. ☐

□She has experience working with clients who suffer from chronic and acute pain, sports injuries, □ □fibromyalgia, □ sciatica, □ □thoracic □ □outlet syndrome□□, □ □plantar fasciitis, □ □and carpal tunnel syndrome.□

[Contact us to schedule an appointment with Shawn Mays.](#)

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