

# Staff

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## [Dr. Joshua Akin, DC, ART, MUA](#)

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## **[Dr. Caitlin Painchaud, DC, CCSP](#)**

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## [Dr. Jon Seby, DC, ART](#)

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## [Shawn Mays, LMT](#)

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[Liz Roche, LMT & Pilates Instructor](#)

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