

Dr. Myles Nagel

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Certifications and Licenses:

Doctor of Chiropractic

Certified in Active Release Technique-Full body

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Dr. Myles Nagel, DC

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border_color="#ffffff" border_style="solid"]Dr. Myles Nagel is
a board certified Chiropractor with certifications in Active
Release Techniques (ART), Functional Range Release (FR),
Selective Functional Movement Assessment (SFMA), and Dynamic
Neuromuscular Stabilization (DNS). Dr. Nagel treats each
patient with an individual and comprehensive approach focusing
on improving biomechanics and functional movement patterns.
Dr. Nagel uses chiropractic manipulation, manual therapy,
developmental kinesiology, and specific rehabilitation
exercises in order to treat the patient, as well as give them
the tools to keep their bodies healthy and functioning to its
full capacity. Dr. Nagel values patient education and helping
the patient understand the root cause of their condition and
what measures need to be taken in order to help them resolve
their problem and stay healthy for the long term in their
specific sport, activity, or daily life.

Dr. Nagel attended Indiana University where he graduated in
2014 with a Bachelor of Science in Kinesiology. He then went
on to attend National University of Health Sciences in
Lombard, IL, graduating with his Doctor of Chiropractic in
2018. While in chiropractic school, Dr. Nagel was a member of
the Motion Palpation Club (MPI), Sports Rehab Club, and
attended various seminars covering manipulation, soft tissue
techniques, movement science, and rehabilitation. He obtained
his Active Release Techniques Full Body certification in
2017.

[Contact us to schedule an appointment with Dr.
Nagel.](#)[/et_pb_text][et_pb_row admin_label="row"
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